



# Action Coalition on Human Trafficking

## PARTICIPANT RESOURCE LEAFLET

**Project Title:** Engaging Community: Edmonton Community Plan to Prevent Sex Trafficking of Women and Girls

**Conducted by:** Davina Rousell, Research Coordinator, and Karen McCrae, Research Assistant, with Action Coalition on Human Trafficking (ACT) Alberta

Dear participant:

We would like to thank you for sharing your time and experiences with us and for making this project a success! We understand that our discussion was on a topic that may have touched you on a very deep and personal level and we would like to ensure that you are aware of the resources that are available, if you would like to seek them out.

If you feel comfortable you can approach me, Davina, or Karen and we would be happy to connect you with an appropriate support service or resource. If you prefer, you can also contact any of the following services or resources that are local and free:

**Organization:** CEASE: Centre to End All Sexual Exploitation

**Services Provided:** Trauma Recovery Counselling, victim advocacy and court support, peer support, community support, assistance with creating your own pathway to more choices in your life through bursaries; financial literacy and matched savings, and referrals to transition programs, income support and other resources.

**Hours of Operation:** Flexible hours during the week; occasional weekend support

**Website:** [www.ceasenow.org](http://www.ceasenow.org)

**Email:** [diversion@ceasenow.org](mailto:diversion@ceasenow.org)

**Organization:** Chrysalis Anti-Human Trafficking Network

**Services Provided:** National 24-hour crisis line that provides over the phone counselling services

**Hours of Operation:** 24-hours a day, seven days a week

**Website:** <http://www.chrysalisnetwork.org/>

**Contact Information:** 1-866-528-7109

**Email:** [info@chrysalisnetwork.org](mailto:info@chrysalisnetwork.org)

**Organization:** Support Network

**Services Provided:** 24-hour crisis line that provides over the phone and online counseling services

**Online Crisis Chat/counseling services:** [http://www.crisissupportcentre.com/get\\_support\\_now/online-crisis-chat/](http://www.crisissupportcentre.com/get_support_now/online-crisis-chat/)

**Hours of Operation:** 24-hours a day, seven days a week

**Website:** [www.crisissupportcentre.com](http://www.crisissupportcentre.com)

**Contact Information:** 780-482-HELP(4357)

**Organization:** YWCA Edmonton Counselling Centre

**Services Provided:** Offers professional staff that can help you with: anxiety, addiction, anger management, depression, healing from family violence, life issues & transitions, loss & grief, relationships, self esteem, stress & relaxation techniques, and thoughts of suicide.

**Hours of operation:** Monday, Wednesday and Friday from 9am-5pm as well as Tuesday and Friday from 9am-9pm.

**Website:** <http://www.ywcaofedmonton.org/programs/counselling-centre>

**Contact Information:** 780-423-9922 ext. 222

**Email:** [counselling.services@ywcaofedmonton.org](mailto:counselling.services@ywcaofedmonton.org)

**Organization:** Alberta Health Services, Community Mental Health Clinic

**Services Provided:** (1) Short-term Treatment Program provides short-term, goal-directed therapy for adults with emotional or psychiatric disorders; (2) Community Adult Support (life skills, inner city support, independent living support, pastoral support); (3) Community Wellness and Recovery Program.

**Hours of Operation:** Monday through Friday, 8:00am-4:30pm. Walk-ins accepted, but appointments are recommended.

**Website:** <http://www.albertahealthservices.ca/services.asp?pid=service&rid=1001410>

**Contact Information:** 780-342-7700

**Organization:** ACT Alberta

**Services Provided:** For non-emergency situations, ACT will provide case management assistance for individuals and organization working with victims of human trafficking.

**Hours of Operation:** Monday through Friday, 8:30am-4:30pm. By appointment only.

**Website:** <http://www.albertahealthservices.ca/services.asp?pid=service&rid=1001410>

**Contact Information:** 780-474-1104

#### **WEBSITES:**

Anti-Trafficking in Persons Program. *Office of Refugee Settlement.*

<http://www.acf.hhs.gov/programs/orr/programs/anti-trafficking>

This program identifies and serves victims of human trafficking by providing them with information.

#### **ARTICLES AND FACT SHEETS:**

Helga Flameresky. 2013. "A Guide on Trafficking of Women – Advice Given by Women Who Were, Themselves, Victims of Human Trafficking." Proyecto Mujer Frontera, Barcelona.

[http://media.wix.com/ugd//bbdbf6\\_66bd31b903be40c959e44fd231b11576.pdf](http://media.wix.com/ugd//bbdbf6_66bd31b903be40c959e44fd231b11576.pdf)

Once again, thank you for sharing your time and experiences with us and for making this project a success!

Please feel free to contact me if you have any questions, comments or concerns. My contact information is provided below.

Sincerely,

Davina Rousell,

Phone: 780-474-1104

Email: [davina@actalberta.org](mailto:davina@actalberta.org)